

The Newport **Navalog**

VOL. 103 NO. 7 FEBRUARY 21, 2003

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



PHC (AW) Jon Hockersmith/U.S. Navy photo
Maj. Holly Rawson, College of Naval Command and Staff, competes in Heat 2 of the butterfly event in Pool 307 to help her college win the second round of the Naval War College President's Cup competition recently. Story, more pictures, Pages 8-9.



Chapel marks its 25th year

The Chapel of Hope at Naval Station Newport will commemorate its 25th anniversary with a special service on Sunday.

—Page 2



NUWC helps robotics team

The Naval Undersea Warfare Center is partnered once again with Middletown High School in the U.S. FIRST robotics program.

—Page 3



Snow benefits Winter Festival

The Newport Winter Festival, with ice sculpting last Saturday, winds up this weekend with a snowman building contest on Bowen's Wharf.

—Page 6

Newest robot gets Rhode-tested

By **RICHARD ALEXANDER**
Navalog editor

MIDDLETOWN — The Middletown High School robotics team, with its mentors from the Naval Undersea Warfare Center Division, Newport, is back in the regional and hopefully national competition again this year.

The newest model, assembled from a standardized kit supplied by For Inspiration and Recognition of Science and Technology (FIRST), is named SS Rhode Warrior 121. The SS stands for "Super Stack-er," which hints what this year's game entails.

Mike Fenton, a NUWC engineer and parent to one of a dozen teenagers on the team, said this is MHS/NUWC's eighth challenge.

"We lost a lot of seniors this year," he said. "Most on the team are sophomores and juniors, but they all have a great attitude." Though no MHS teacher is involved, there are some returning student alumni who offer guidance.

Time trials, fine tuning and constant repairs are performed on a game floor mock-up in vacant Building B-2, Naval Station Newport. Last Friday, the team demonstrated

the robot for Capt. John C. Mickey, Commander, NUWC Newport.

The robot was shipped yesterday to its first regional test: the Granite State Regionals in Manchester, N.H., on March 6 to 8. About 45 teams will compete at the Verizon Wireless Arena. The team also took the robot to Quincy, Mass., last weekend for a scrimmage.

Fenton said this year's game involves pairs of robots trying to collect and stack 73-quart plastic tubs with lids. Offensive and defensive strategies are required to grab as many tubs as possible, and keep the collection away from pilfering robots.

Previous Rhode Warrior designs have an excellent track record. Last year's model won the New England Regional Championships at Veterans Coliseum in New Haven, Conn.

With success at regional competition and a strong fundraising effort, the

team hopes to compete in the nationals again this year. They have been moved from Epcot

Center at Disney World to Reliant Park, Houston, Texas. The are 800 teams nationwide.



Richard Alexander/U.S. Navy photo

MIDDLETOWN High School students tinker with their robot, SS Rhode Warrior 121, at Building 2, Naval Station Newport, to prepare it for regional competition in March.

A number of things...

5,000

The increased weight limit in pounds of household goods that Personal Property will allow Sailors, E-1 to E-3, to ship to their next duty station. **Story Page 12.**

57,000

The number of people the American Cancer Society predicts will die annually from colorectal cancer. The rate could be cut in half if Americans over age 50 were tested regularly. **Story, Page 7**

15

The amount of snow in inches dumped on Naval Station Newport from a massive winter storm with blizzard-like conditions that plowed up the East Coast on Monday.

25

The number of years the Chapel of Hope, Naval Station Newport, has been ministering to the military faithful with its mission of "spiritual readiness." **Story Page 2.**

Newport Naval Cable TV

Army medical panel to explain vaccines to counter biological warfare agents

By **GREG KOHLWEISS**
Newport Naval Cable Station Manager

A panel of Army medical experts will present a live, interactive, two-hour satellite broadcast on Wednesday, March 5, from 1 to 3 p.m., to provide civilian health professionals with detailed information on vaccines against biological warfare agents.

The program, to be aired on Newport Naval Cable TV channel 13, will be hosted by the U.S. Army Medical Research and Materiel Command and world-renowned experts from the U.S. Army Medical Research Institute of Infectious Diseases (USAMRIID), the Office of the Army Surgeon General, Walter Reed Army Medical Center, and other organizations.

The anthrax attacks in the United States in October 2001 and the sarin attacks in Japan in 1994-95 have demonstrated that biological and chemical weapons are in the hands of terrorists and will be used, the Army officials said. Military and civilian medical and public health professionals must become proficient in the

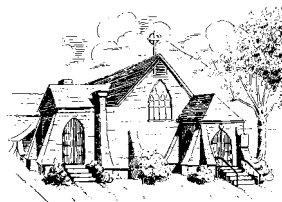
recognition and management of biological and chemical casualties, and in notifying the appropriate response agencies.

Discussions will be held on the current licensed and emerging vaccines to counter biological warfare agents, and

VACCINES, Page 13

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Good Conduct Medal

MA2 Mark Long, Naval Station Newport Naval Security Force, (second award) Feb. 6, 2003

Letter of Commendation

BMCS James Marron, Naval Station Newport Naval Security Force, from Commander, Navy Region Northeast, Feb. 6, 2003

Certificate of Appreciation

GMC Martin Beeman, Naval Station Newport Navy Security Force, from Joint Non-Lethal Weapons Directorate, Quantico, Va., Feb. 6, 2003

Lt. Richard Vidrine, Naval Station Newport Chapel of Hope, from Commanding Officer, Naval Station Newport, Feb. 6, 2003

RP2 Paul Robertson Naval Station Newport Chapel of Hope, from Commanding Officer, Naval Station Newport, Feb. 6, 2003

RP2 Hiram Vega-Rivera Naval Station Newport Chapel of Hope, from Commanding Officer, Naval Station Newport, Feb. 6, 2003

SKC Noel Filipinas, Naval Station Newport Supply Department, from Commanding Officer, Naval Station Newport, Feb. 6, 2003

SK3 Trish Wilson, Naval Station Newport Supply Department, from Commanding Officer, Naval Station Newport, Feb. 6, 2003

BM2 Winel Bray, Station Newport Port Operations, from Commanding Officer, Naval Station Newport, Feb. 6, 2003

OS2 Todd Slifka, Station Newport Port Operations, from Commanding Officer, Naval Station Newport, Feb. 6, 2003

MS2 Kevin Watson, Station Newport Combined Bachelor Housing, from Commanding Officer, Naval Station Newport, Feb. 6, 2003

MS2 Broadus Brooks Naval Station Newport Ney Hall Galley, from Commanding Officer, Naval Station Newport, Feb. 6, 2003

Iva Butler, Naval Station Newport Commissary Store, from Commanding Officer, Naval Station Newport Commissary Store, from Commanding Officer, Naval Station Newport, Feb. 6, 2003

Ava Cromwell, Naval Station Newport Commissary Store, from Commanding Officer, Naval Station Newport, Feb. 6, 2003

MS2 Kevin Watson, Naval Station Newport Combined Bachelor Housing, from Commanding Officer, Marine Cadets of America, Company A, First Battalion, New Haven, Conn., Feb. 6, 2003

Marine Cadets of America, Feb. 6, 2003

Dave Sanders, Naval Station Newport Public Affairs Office, from Commanding Officer, Marine Cadets of America, Company A, First Battalion, New Haven, Conn., Feb. 6, 2003

Bob Krekorian, Naval Station Newport Public Affairs Office, from Commanding Officer, Marine Cadets of America, Company A, First Battalion, New Haven, Conn., Feb. 6, 2003.

Letter of Appreciation

Robert Krekorian, Naval Station Newport Public Affairs Office, from Area Four Naval Junior Reserve Officer Training Corps, Feb. 6, 2002

Peter Fry, Naval Station Newport., from Commanding Officer, Naval Station Newport, Feb. 6, 2002

MS2 Broadus Brooks, Naval Station Newport Combined Bachelor Housing, from Commanding Officer, Naval Station Newport, Feb. 6, 2003

LN2 Octavia Harrison, Naval Station Newport Staff Judge Advocate Office, from Commanding Officer, Naval Station Newport, Feb. 6, 2003

YN2 Shiniqua Moore, Naval Station Newport Command Support Department, from Commanding Officer, Naval Station Newport, Feb. 6, 2003

MSC Alan Thomson, Naval Station Newport Ney Hall Galley, from Commanding Officer, Naval Station Newport, Feb. 6, 2003

Cmdr. David Burnes, Naval Station Newport Public Works Department, from President, Naval War College, Feb. 6, 2003

Mr. David Connor, Naval Station Newport Public Works Department, from President, Naval War College, Feb. 6, 2003

Mr. Michael Day, Naval Station Newport Public Works Department, from President, Naval War College, Feb. 6, 2003.

Reenlistment

DKSN Aquira Johnson, Personnel Support Detachment Newport, (three years), Feb. 3, 2003.

\$10,000 is distributed to charities

The 2002 Festival of Trees Committee held its annual grant distribution reception on Feb. 11 at the home of Rear Adm. Rodney and Mrs. Pamela Rempt.

More than \$10,000 in proceeds from the festival was presented to representatives from 32 local community charitable and non-profit organizations.

Since the inaugural festival in 1978, the Festival of Trees Committee has contributed in excess of \$150,000 to help aid a variety of services and programs within the community.

The 2002 Festival of Trees grant recipients include:

A Wish Come True
All Saints Academy
Boy Scouts of America
Carey Elementary School Parent/Teacher Organization (PTO)
Cluny School Parents Club
Coggeshall Elementary School PTO

First Presbyterian Church Deacons

Hathaway Elementary School Parents Association

John F. Kennedy Elementary

Lions Club of Newport

Lucy's Hearth

Middletown Senior Center

New Visions Head Start

Newport Congregational Church

Newport County YMCA Gymnastics Team

Newport Navy Choristers

Newport Pre-K Playgroup

Newport Public Education Foundation

Norman Bird Sanctuary

NSCC NETC Newport Division

Sea Cadets

Parents Helping Students Organization

Portsmouth Public Education Foundation

Portsmouth Senior Center

Potter League for Animals

Providence Family Readiness Group

Rebuilding Together Greater Newport

Rhode Island Community Food Bank

St. Philomena's School

Stopover Services of Newport County

The Newport Children's Theatre

Visiting Nurse Services of Newport & Bristol Counties

Visiting Nurse Service — Young Parents Program

Women's Resource Center of South County



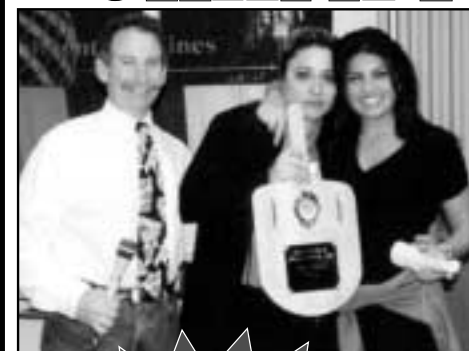
Ron Fontaine/U.S. Navy photo

Cynthia Rose, right, chairman of the 2002 Festival of Trees, presents Diane Incze, left, commanding officer, Naval Sea Cadets, Newport Division, with a check from proceeds raised last December. Looking on is honorary chairman, Mrs. Pamela Rempt.

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Learn what's helpful in becoming military sponsor

Sponsor Training will be held at the Fleet and Family Support Center on Tuesday, Feb. 25, from 9 to 10 a.m., offering valuable information for individuals who will act as sponsors or department representatives selecting sponsors.

Recognizing that the military spouse also plays such a vital role in the Sponsor Program, all spouses are invited and encouraged to participate. Call 841-2283 to register.

Learn to balance the checkbook — A representative from the Navy Federal Credit Union will provide you with the “ins

Fleet & Family Support Center

and outs” of checkbook balancing at the Fleet and Family Support Center on Tuesday, Feb. 25, from 11:30 a.m. to 1 p.m.

Learn how to attain your financial goals by transforming your checkbook into a personal financial planning tool. Learn how you can reduce your checking account fees, avoid bouncing checks, better manage your cash flow, and safeguard yourself and your money.

For information and to register for this workshop, call 841-2283.

Before you buy that home... Purchasing a home is a complex task. There are many questions that need to be answered before you take that big step. Come to the Fleet and Family Support Center on Thursday, Feb. 27, from 7 to 9 p.m., and learn about your options and decipher real

estate lingo.

You will meet with a representative from the Navy Federal Credit Union to hear firsthand about qualifications for mortgages and other financial

options. Home-buying information for all areas of the United States is available at this workshop. Registration is required and may be made by calling 841-2283.

Make it a smooth move — Ease the distress and frustration associated with the relocation of military families by attending the next Smooth Move workshop at the Fleet

and Family Support Center. The workshop is scheduled for Tuesday, March 4, from 5:30-7:30 p.m. Call 841-2283 to register.

Transitioning to civilian life?

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What's going on

Get taste of spring

PROVIDENCE — If you're sick and tired of getting dumped on this winter of 2003, then breathe in a whiff of spring at the 10th annual Rhode Island Spring Flower show this weekend in Providence.

This year's show takes place at the R.I. Convention Center, and will feature more than 30 display gardens and vignettes, a garden marketplace, and bookstore, special children's activities and a multitude of demonstrations and workshops.

Show hours are 10 a.m. to 9 p.m., through Saturday, and until 6 p.m. on Sunday. Tickets are \$14 at the door, but check Ticket Connection first. Some discount tickets (\$12) may still be available. Call 841-3116.

TODAY, Feb. 21

- Lunchtime BINGO, at the Recreation Center, Building 656. Noon to 1 p.m. Also Thursdays.

- Fitness Equipment Orientation, FITNESS Plus, Building 355, 8, 9 and 10 a.m. Also, Wednesday and Friday mornings. Call 841-1474.

- 15th annual Nacho Testing, Newport Winter Festival event, Brick Alley Pub, 11:30 a.m. to 4 p.m. 847-7666.

- Seal Watches, Rose Island Lighthouse, 2:30 and 3:30 p.m., 272-3540 ext. 133.

- Fantasy Auction to Benefit Alzheimer's Association of Rhode Island, Newport Winter Festival event, 7 to 11 p.m., The Astors' Beechwood, Bellevue Avenue.

- Recreation Center movie night, at 6 p.m., *Blue Crush* (PG-13), at 8 p.m., *I Spy* (PG-13).

SATURDAY, Feb. 22

- Snowman Building Contest, Newport Winter Festival event, Bowen's Wharf, noon to 2 p.m., 849-2120.

- Second annual Pizza Cookoff, Newport Winter Festival event, Hyatt Regency Hotel, Goat Island, 11 a.m. to 4p.m.

- Seal Watches, Rose Island Lighthouse, 3:30 p.m., 272-3540 ext. 133.

- Common Fence Music, Common Fence Point Community Hall, 8 p.m., 683-5085.

- Winter Live Music, Clarke Cooke House, Bannister's Wharf, 849-2900.

- Beatlemania, Newport Winter Festival event, Belcourt Castle, 9 p.m.

SUNDAY, Feb. 23

- Chapel of Hope worship services:

- Catholic mass, 9 a.m. and noon

- Protestant Services, 8 and 10:30 a.m.

- 25th anniversary ecumenical services, 3 p.m.

- Sunday Bowling, Seaview Bowling Lanes, Building 656, \$7 per person, two-person minimum per lane.

- People's Credit Union Day at the Beach, Newport Winter Festival event, sand/snow sculpting, children's block hunt, balloon magician, carousel rides, Polar Bear plunge, high noon kite fly, kite-making workshop, Easton's Beach, 11 a.m. to 2 p.m. 847-7666.

- St. Mary's Church Concert Series, St. Mary's Church, 3 p.m., 846-4926.

MONDAY, Feb. 24

- Fitness Walk and Tone, 8 to 9 a.m., Gym 109.

- Intermediate Weight Training for Women, 9 to 10:30 a.m., \$10 per person.

TUESDAY, Feb. 25

- Fitness Walk and Tone, 8 to 9 a.m., Gym 109. \$5 for five weeks! Call 841-3154.

- Intermediate Weight Training for Women, 9 to 10:30 a.m., Gym 109. \$10 per person. Call 841-3154.

- Soup Kitchen, Martin Luther King Center, welcomes military volunteers, 8:30 a.m.

- Sponsor Training, Fleet and Family Support Center, 9 to 10

- a.m., 841-2283.

- Checkbook Balancing, Fleet and Family Support Center, 11:30 a.m. to 1 p.m., 841-2283.

- Soup Kitchen, United Baptist, welcomes military volunteers, 5 p.m.

- Great Decisions 2003, Newport Public Library, 7 p.m., 848-0550.

- Officers' Club Movie Night, at 6 p.m., *White Oleander* (PG-13), at 8 p.m., *Punch-Drunk Love* (R).

- Ancient Indian Peoples of New England - An Archaeological Perspective, Norman Bird Sanctuary, 7 to 8 p.m., 846-2577.

WEDNESDAY, Feb. 26

- Preschoolers with Parents, Norman Bird Sanctuary, 1 to 2 p.m., 846-2577.

- Soup Kitchen, Newport Congregational Church, welcomes military volunteers, 5 p.m.

THURSDAY, Feb. 27

- Soup Kitchen, Martin Luther King Center, welcomes military volunteers, 8:30 a.m.

- Beautiful Objects: Furniture and Decorative Objects in Newport's "summer cottages," Rosecliff, 11 a.m., 847-100 ext. 160

- Soup Kitchen, St. Paul's Church, welcomes military volunteers, 5 p.m.

- Homebuyers' Workshop, Fleet and Family Support Center, 7 to 9 p.m., 841-2283.



Richard Alexander/U.S. Navy photo

LION IN WINTER — Ice artist Lyle Morse of Pronto restaurant, Newport, puts the finishing touches on a circus lion, part of his entry in the Newport Winter Festival ice sculpting competition on Bowen's Wharf last weekend. The festival concludes this weekend. Call 847-7666 for information.

Newport Winter Festival

presents

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Early detection key to colorectal cancer cure

March 2003 will mark the fourth annual observance of National Colorectal Cancer Awareness Month.

The American Cancer Society estimates more than 57,000 people will die from this disease this year. But health professionals estimate this number could be cut by 50 percent if Americans 50 and older get tested regularly.

Colon cancer is the third most common cancer among African American and Hispanic/Latino men, but it is the second most common cancer in Hispanic/Latino women.

African Americans have the highest death rate from colon cancer of any racial or ethnic group in the United States.

Screening tests find polyps, precursors for colon cancer, which can be easily and painlessly removed during the test, thus preventing cancer.

People whose colon cancers are found at an early stage through testing have five-year survival rates of 90 percent, while those whose cancers are found at a late stage have survival rates of less than 10 percent.

NUWC gets recognition in pollution prevention

NEWPORT — The Chief of Naval Operations (CNO) has announced the selection of the Naval Undersea Warfare Center Division, Newport, as a winner in the 2002 CNO Environmental Awards program, in the Pollution Prevention category.

This is the second year in a row that NUWC's Newport Division has received a CNO Environmental Award. Last year's award was in the Natural Resources Conservation category.

This year's award is in recognition of the command's exceptional record of environmental stewardship. As one of twenty-eight winners selected from a field of 84 nominees in six categories, the Division's nomination will now advance to the Secretary of the Navy level competition.

Beginning at age 50, the American Cancer Society recommends men and women follow one of the following five testing options:

— Yearly fecal occult blood

test (FOBT))

— Flexible sigmoidoscopy every five years

— Yearly FOBT and flexible sigmoidoscopy every five years (preferred over either option

alone.))

— Double contrast barium enema every five years..

— Colonoscopy every 10 years..

A Health Promotions

Department spokesman said military members who want to be tested should contact their primary care manager at Naval Ambulatory Care Center for referral.

“The accident was 20 miles from nowhere in Montana. US Family brought us home.”

“My wife and I were in an automobile accident in Montana, 20 miles from the nearest town. It took two ambulances and two aircraft to air-evac us to Billings. She was in intensive care for a week. After a few more weeks, when I thought I'd be spending the rest of my life in Billings, Montana, the Uniformed Services Family Health Plan sent a Lear jet out of Denver. It landed at 8:00 a.m. and we were on our way at 9:00 a.m. – the pilot, copilot, ambulance attendant, flight nurse and the two of us. Four hours later we landed in Hyannis, where an ambulance was waiting to take my wife to the rehab hospital in East Sandwich. I thought that was rather extraordinary.”

- Rod Walz, US Air Force, Ret.
US Family Health Plan member;
Falmouth, MA

At US Family Health Plan, our mission is to help you get the care you need – even in the middle of nowhere. Enrollment is open all year – to military beneficiaries of all ages. For more information, call 1-800-818-8589.



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Special fitness activities

(Gym 109, 841-3154)

—**Take the Challenge:** Push yourself to the limit at Gym 109's Endurance Challenge, taking place on Thursday, Feb. 27.

The competition will run continuously from 8 a.m. to 6:30 p.m. and is open to men and women, ages 18 and over.

The winner in each of the following divisions, men's and women's 18 to 25, 26 to 32, 33 to 40 and 41 and over will be

the person who completes the most push-ups and sit-ups in perfect form.

The highest combined total will win and prizes will be awarded to winners in each of the divisions. Registration will take place the day of the competition. For more information, call Gym 109 at 841-7196.

—**Youth fitness program:** Eligible youth wishing to utilize Morale, Welfare and Recreation Department fitness facilities (Gym 109 and FITNESS Plus) are required to take a mandatory resistance and aerobics training class prior to entering the facilities during the designated times.

This class is required for youth ages 10 to 15, and is also available for 16 and 17-year-olds who may also choose to participate in the fitness assessment program instead.

The Youth Fitness Class is available on an individual basis by pre-registering at Gym 109 or FITNESS Plus in Building 355. Parents are required to be in the building where the course is being held during all class sessions.

Complete details on this program and youth fitness policies are available at Gym 109. Call 841-7196 for information or to pre-register.

Gymnasium

(Gym 109, 841-3154 or FITNESS Plus, Building 355, 841-1474)

—**Fitness Walk 'n Tone,** designed for patrons age 50 and up. Stretching and muscle toning exercises as well as 20-plus minutes of fitness walking around the gymnasium. Classes are held Monday and Thursday 8 to 9 a.m. in Gym 109. Call for space availability. Fee is \$5 for six weeks.

—Fitness equipment such as Hammer Strength, lifecycles, treadmills, free weights, etc., is

available; also racquetball, squash and basketball courts.

Computer Café

(Building 656, 841-2194)

• Personal computers available seven days a week to send and receive email, surf the web, play games, etc. — all at no charge. Open Monday

through Friday at 7:30 a.m.; Saturday, 11 a.m. to 11 p.m. and Sunday, noon to 8 p.m. Food menu available from the Recreation Center kitchen.

Music/games

(Building 656, 841-3054)

• Lunchtime BINGO, Thursday and Friday only. Cover all the

numbers on your BINGO card within the designated amount of numbers called and you will win \$500! If no one wins, play continues until a good BINGO is called, winning that lucky person \$100.

Three regular games each day with \$30 prizes for every BINGO called. Jackpot game

begins at 12:30 p.m.

• Karaoke, March 1, 8 p.m. Showcase your talents with golden oldies, country hits, and of course, today's top tunes, beginning at 8 p.m. No cover charge, open to all hands.

Offered every other Saturday night.

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A2642-0103

Sports



Richard Alexander/U.S. Navy photo

NOW HEAR THIS — Coach Dave Sladky gives instructions to his Naval Academy Prep School basketball Rams during a time out against the Military Academy Prep School last Saturday in Gym 302. NAPS won the 'Little Army-Navy' showdown, 67-54.

Navy Prep dunks visiting Army

By JAMES HAMILTON
NAPS Public Affairs Officer

The Naval Academy Prep School (NAPS) men's basketball team tipped off against its biggest rival last Saturday in front of almost 400 boisterous fans in Gym 302. The Military Academy Prep School (MAPS) team arrived from Ft. Monmouth, N.J., with confidence, but were sent home losers, falling to the Rams, 67-54.

The Rams got off to a 10-0 start and never relinquished their lead and dominance in

the game. Superior defense and rebounding gave Navy the edge throughout the first half.

They were led by Ryan Schwarz of Littleton, Colo., with 15 points, and Michael Brandon of Raleigh, N.C. and Russell Wooten of Vienna, W.Va., with 12 points each.

"This is what Navy basketball is all about, we really put forth our best effort of the season today", said Coach Dave Sladky. "I am really proud of each and every one of these men, this was a true TEAM effort!"

The Rams have a two game winning streak going at this point with a win over Mitchell Junior College on Feb. 12, 81-72. Their record improved to 9-15 with the win over Army.

The Rams finish their 2002-2003 season against the Community College of Rhode Island; U.S. Air Force Academy Prep School at MAPS's campus in Ft. Monmouth; Roxbury, Mass., Community College; and the U.S. Naval Academy junior varsity — on the road.

Gear Rental

Get measured, fitted for ski, boot rentals

The ski season is here, and there's plenty of snow up everywhere, so get your gear and hit the slopes!

Ski and pole measurements, and boot fittings are offered at Gear Rental, Building 303, Tuesday through Saturday from 9 a.m. to 3 p.m. Appointments are unnecessary for individual fittings; however, groups of five or more should call ahead.

Skis will not be rented after 4 p.m. to anyone who has not been previously fitted.

Measurements will be kept on file for the entire season, making it quick and easy to

reserve skis! For more information, please call Gear Rental at 841-2568.

Tune your sports gear for winter activities

Get your skis and snowboards in shape for the winter by bringing them to Gear Rental, Building 303 for a tune-up. The staff at Gear Rental will sharpen and wax them to perfection so your skis will be ready to go when you are! Cost for this personal ski tune-up is just \$15 for military personnel and \$18 for Department of Defense civilians and includes minor base repair, edge grinding and a wax.

For more information, please call 841-2568.

Personal Property raises weight limit on household goods

By JO1 MARK Savage
Commander, Submarine Group 2 PAO

GROTON, Conn. (NNS) —In recent years the Navy has been making great strides to improve the quality of life (QOL) for Sailors. Military pay, living conditions and recreational activities continue to be at the forefront of targeted improvements.

As part of the QOL improvement process, the Navy recently raised the household goods weight allowances for E-4 and below Sailors for the first time in approximately 20 years.

"The weight allowances for E-1 to E-3 Sailors without dependents have increased to 5,000 pounds and to 7,000 pounds for E-4s with two years of service or less. Sailors in

these categories with dependents can ship up to 8,000 pounds to their follow on commands. If these Sailors are going on a temporary assignment tour, they can now ship up to 400 pounds to their destination.

Some Sailors find the increase in weight allowances to be very beneficial to their quality of life.

"This is going to be a big help," said Yeoman Seaman Kolby Gago, from Navy Region Northeast. "I have a lot of stuff like my bedroom furniture, kitchen set and all my baby's things. If I couldn't ship all my household goods, then I'd have to buy new ones at my next command which could make things tight financially."



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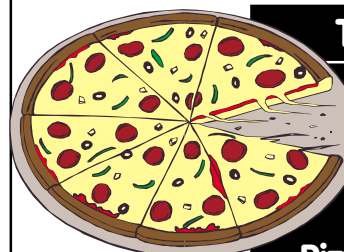
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ABOMINABLE SNOW-MAN? Strategically placed boots, gloves and Coast Guard ball-cap create the impression of a pedestrian buried in a drift outside the USCG Maintenance Augmentation Team offices on Pier Two, Naval Station Newport, after last Monday's 15-inch snowfall. The prank was created by Firemen Eddie Garrett and Carlos Jordan.



Ron Fontaine/U.S. Navy photo

Vaccines

Continued from Page 3

how they are administered.

The program will help identify the key factors that shape vaccine risk/benefit perceptions and decisions, and describe appropriate ways to communicate effectively to patients about vaccines against biological warfare agents:

1. Describe results of controlled field trials and nonhuman primate challenge studies that demonstrate efficacy of the anthrax vaccine.
2. Describe injection-site reac-

tions caused by anthrax vaccine and why subcutaneous injection over the deltoid is preferred to over the triceps.

3. Describe the findings of the Institute of Medicine (IOM) study on the safety and efficacy of the anthrax vaccine.
4. Discuss the administrative procedures for use of a medication under an investigational new drug (IND) protocol.
5. Describe and discuss IND and

emerging vaccines against biological warfare agents; Discuss issues and clinical experiences with administering the anthrax and smallpox vaccines and role of Vaccine Healthcare Center Network initiative in long term follow-up of vaccines with serious adverse events.

6. Identify standards of care for adverse drug reaction management as they apply to vaccines with focus on clinical guidelines.

Chapel

Continued from Page 2

gation.

The name, Chapel of Hope, was chosen to convey to all who worship there, its religious, historical, national, and nautical roots, and continuity. The word “hope” is still used in the State of Rhode Island motto.

Chaplain Bolles, in the six years he was command chaplain (1972-79), saw Jewish, Catholic, Protestant and Episcopalian services all held here. There are only two officers on staff now, Cmdr. Gunderlach and Lt. Richard Vidrine; and one enlisted, a religious program specialist.

Before the chapel was built, services were held on the second deck of old wooden barracks on Coddington Point. "The worship space was shaped like a long railroad car," he said.

The Chapel of Hope currently has two Sunday protestant ser-

vices at 8 and 10:30 a.m. and two Sunday Catholic masses at 9 a.m. and noon. Weekday Catholic masses run Tuesday through Friday at noon. The congregation numbers approximately 100 for the combined Protestant services and 250 for the combined Catholic services.

Officer Training Command—Newport (formerly NETC) has its own chaplain, Lt. Clint Pickett at King Hall.

The congregation is primarily made up of students from the various schoolhouses across NAVSTA. Visitors to the chapel include the friends and family of these students.

The Chapel of Hope runs several programs to benefit other commands and the Navy and Marine Corps family. Over the summer, the chapel runs a program for the Naval Academy Preparatory


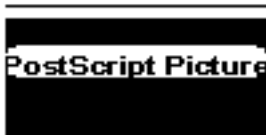
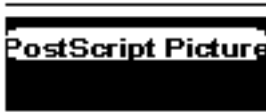
School (NAPS) students on leadership and spiritual readiness. The chapel also helps the Commissary and NAVSTA Supply Department with the Holiday Assistance Food Program that benefits selected Navy and Marine Corps families over Thanksgiving and Christmas.


Another program is Sunday school for both children and adults.

“The overall mission of The Chapel of Hope is spiritual readiness,” said Chaplain Gunderlach. Spiritual readiness means preparing Sailors and their families with the spiritual dimension they will need for the things that they will be called upon to do, such as go into harm’s way, he said.

“This is what separates the Chapel of Hope from a civilian church. The emphasis here is on spiritual readiness.”


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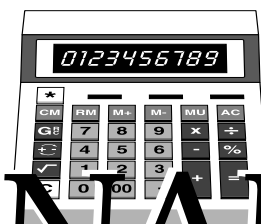
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Navy-wide news

Acting SECNAV addresses fleet

WASHINGTON (NNS)—The following is a message from the new Acting Secretary of the Navy Hansford T. Johnson to Department of the Navy uniformed and civilian personnel:

"Greetings. "On Feb. 7, 2003, President George W. Bush named me acting Secretary of the Navy. Our Navy and Marine Corps team has a remarkable history of service and dedication to our nation, and I am honored and proud to serve as your secretary.

"The President of the United States and the Secretary of Defense have noted this is a time of great consequence for our country. Fortunately, our department has been blessed with the great leadership of Secretary of the Navy Gordon R. England and Under Secretary Susan M. Livingstone during these historic times.

"We salute these two great Americans for their service and vision as they leave the Department of the Navy and look forward to meeting the challenges still facing our Navy-Marine Corps team. Chief of Naval Operations Adm. Vern Clark, Commandant of the Marine Corps Gen. Michael Hagee and I pledge to keep the Navy and Marine Corps at the forward edge of our military's transformation and focused on our combat capability. We will focus on our preparations to carry out our mission and equipping our men and women in uniform with the tools they need to fight and win.

"To each of you who dedicate your lives to protect and serve our nation, I pledge my greatest efforts to improve your quality of workplace as well as your quality of life. The leadership team will work to ensure you are prepared and equipped to accomplish your mission. We are positive these investments, as they have for 227 years, will pay great dividends for America.

"Together, we will meet every challenge. It is my honor to serve you. Semper fidelis and sail proud!

Seabees, Marines united in mission

KUWAIT (NNS) — U.S. Navy Seabees and the U.S. Marine Corps have a storied history of working together in peace and in war. Now the two groups are demonstrating new versatility and forging stronger ties in their traditional relationship while deployed in support of Operation Enduring Freedom (OEF).

The Naval Construction Force (NCF) provides essential combat construction services to a Marine Air-Ground Task Force (MAGTF). Here in the Arabian Gulf, the NCF element of the MAGTF has evolved into the First Marine Expeditionary Force Engineer Group — the "MEG." The MEG is made up of light, fully integrated regimental task forces that can be sized and shaped for specific missions, responding with great agility on the modern high-speed battlefield.

The joint-service group features active,



PH2 Bob Houlihan/U.S. Navy photo

SNACK TIME — Zak, a 375-pound California sea lion, waits patiently for a snack from his handler last week after completing a harbor patrol and training swim in the Central Command area of responsibility. Zak is in the Shallow Water Intruder Detection system program under Operation Enduring Freedom, and is trained to locate suspicious swimmers near piers and ships.

Reserve and Guard components from several Seabee units of the First Naval Construction Division (1NCD) and its Marine Augment Detachment 88835; the Marine Corps 4th Combat Engineer Battalion; and the U.S. Army 265th Engineer Group of the Georgia National Guard.

In the MEG, challenges come from adapting Marine Corps processes to the requirements and needs of Seabees, but the process works naturally within the traditionally successful Navy-Marine Corps relationship. Marine Corps Col. Dan R. Mater, MEG chief of staff, said the group's interoperability improves every day. "The MEG has become a fully integrated staff because its members are willing to focus on the same goals. The end result is successful accomplishment of the mission."

U.S. Army Lt. Col. William Hardy, operations officer, is grateful that his unit's connection to the MEG gives it an opportunity to participate in OEF. He graded his experience with the MEG as exceptional. "I've been very pleased with the overall teamwork and camaraderie, and with the way MEG personnel have been dedicated to bridging the gap between the services' different ways of doing business."

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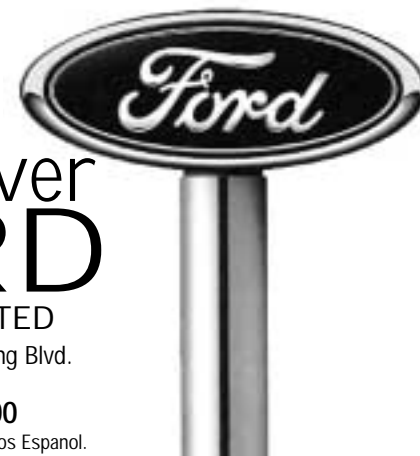
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